

To be read and understood in conjunction with:

Health and Safety Policy
Teaching, Learning and Curriculum Policy
Child Protection Policy
SEND Policy
Critical Incident Policy
Attendance Policy
Single Equality Policy
Foundation Stage Policy
Behaviour For Learning Policy
School Uniform Procedure Policy

Ethos

Christ Church has a high-quality physical education curriculum which inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character, help to embed values such as fairness and respect and encourage teamwork. PE will be taught following our school ethos of 'aspire, celebrate and learn within an inclusive community'.

Aims

In line with the national curriculum for physical education, Christ Church aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
 - Have the stamina, suppleness and strength to remain physically active for sustained periods of time.
 - Are willing to take part in a range of competitive, creative and challenging activities.
 - Participate both as individuals and as part of a team or group.
 - Have the confidence to get involved in P.E and sport activities.
 - Understand that PE and Sport are an important part of a healthy, active life style.
 - Know and understand what they are trying to achieve and how to go about doing it.
 - Think about what they are doing and make appropriate decisions for them.
 - Show a desire to improve and achieve in relation to their own abilities.
- Enjoy PE, school and community sport and engage in competitive sports and activities both in intra and inter school competitions.

National Curriculum and Development Matters Requirements

The national curriculum requirements are as follows: Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive activities both against self and against others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- Use running, jumping, throwing and catching in isolation and in combination
- Play competitive games, modified appropriately, and apply basic principles suitable for attacking and defending
- Develop flexibility, strength, technique, control and balance
- Perform dances using a range of movement patterns
- Take part in outdoor and adventurous activity challenges both individually and within a team

- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Pupils should also be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively
- Perform safe self-rescue in different water-based situations

Foundation Stage Children will follow Development Matters. Children will take part in Physical activities through independent play provision, adult directed sessions and through Welly Walks.

Pupils working towards The Early Learning Goal should be taught to:

- Show good control and coordination in large and small movements.
- Move confidently in a range of ways, safely negotiating space.
- Handle tools and equipment effectively.

Pupil Entitlement:

- Christ Church Primary School has a planned sports premium budget which will be used to improve provision and outcomes in PE and have sustainable impact for staff and pupils. Funding is reported on the school's website which updated on an annual basis.
- KS1 & 2 children take part in 2 sessions of PE a week. Lessons will follow the National Curriculum guidelines.
- Foundation stage children will follow Development matters and undertake Physical activities through play, welly walks and adult lead lessons.
- The pupils are also encouraged to take part in a range of different sports at lunchtimes led by trained PE coaches.
- Sports Day will be held annually and will comprise of competitive track races. There will also be a rotation of throwing, jumping and ball skill activities. Children will compete in their House teams and points will be collated and entered on the t-drive. The top achievers will be celebrated and will have the chance to compete at the Quad kids competition against other schools.
- A wide variety of extra-curricular activities are also available at lunch times and after school.

Teaching and Learning:

The Schemes of work that teachers use to plan lessons are:

- Enfield Games.
- Knowsley Gymnastics
- Knowsley Dance

Supporting Resources are:

- Quick Sticks
- LTA Tennis
- RFU Tag Rugby
- Run, Jump, Throw Primary Athletics
- ECB Schools Cricket
- Tops Dance cards

Teachers planning will reflect these aspects of learning through a unit of work. Each lesson plan should include a minimum of one of these learning aspects:

- Acquiring and developing skills.
- Selecting and applying, skills and tactics.
- Evaluating and improving performance.
- Knowledge and understanding of fitness and health (this will be incorporated in weekly plans, not as discrete lessons).

Monitoring & Assessment

- The monitoring of PE will be carried out by the PE Coordinator and the PE Specialist. This will involve auditing the subject; looking at planning, observing teaching, maintaining resources and co-ordinating extra curriculum activities. This is then reported to the Senior Leadership Team, who may also carry out an independent review.
- Implementation of this policy will be monitored by the PE Specialist, Sports Coordinator and the Governing body. This too is reported to the Senior Leadership Team.

Inclusion:

- All pupils are included in our PE programme.
- We treat all children as individuals with their own abilities, difficulties and attitudes.
- Children with special physical needs are able to participate in most activities. However, we do modify activities to allow for limitations imposed by their condition. Some children might be provided with extra external physical educational activities according to their needs.

Differentiation

In Key Stage 2 children will begin to understand how skills are differentiated in their PE lesson. They will begin to make informed decisions about their own level of ability in all areas of PE and how they can improve their own performance. Differentiated steps will be made clear at the beginning of the lesson when the teacher explains the skill that they will be focussing on in that lesson. This will allow the children to make their own choice as to which level they are comfortable to work at and allow the children to make informed assessments of their own ability.

Festivals and Competitions

- Participation in sports festivals, for example tag rugby and rounders, will be undertaken by nominated year groups and every child in the year will be expected to participate. The emphasis will be on participation only.
- Participation in inter-school competitions, for example football, cricket, netball, gymnastics, athletics, swimming, tag rugby and athletics, will be undertaken with the emphasis on competing.
- Selection of a Christ Church team will be selected by the PE Specialist at an organised trial or from class PE lesson assessments. It is the intention that the best school team will be entered for the competition. The swimming Team will be selected at a swimming trial. The gymnastics teams will be chosen based on how much extra-curricular experience they undertake or at the discretion of the class teacher/PE specialist.
- Pre-competition preparation will include: Practices that will be organised by the PE Specialist or the Teacher running that sport club prior to each competition.
- There will be a member of the Christ Church teaching team present at each competition.
- Transport to a competition or festival will be clearly explained in the letter to parents that requests a child to compete in a school competition. All transportation during school time will involve an adult who has been DBS checked. The Senior Leadership Team will make a decision to hire a coach or minibus if the situation arises.

Extracurricular PE

- Lunchtime sports clubs will be run by qualified coaches and any child can sign up to join in the session.
- Huff and Puff are games and activities will be provided at lunchtimes. Sessions are organised by the Sports Leaders.
- After school clubs are provided in a variety of sports. If qualified coaches are employed to run them a charge will be highlighted at the onset of the club so that parents are aware of this when they sign their child up to the club. Other clubs are run voluntarily by members of the Christ Church teaching staff. Charging will not preclude anyone from attending especially those in receipt of a Pupil Premium.
- Children are encouraged to walk to and from school whenever practical and in accordance with the School Travel Plan.

Communication

- To encourage as much participation in physical activity as possible, communication to parents and children must be clear and accurate. Letters for festivals and competitions will be sent home giving as much notice as possible.

- Post match and festival reports will be published in the newsletter/website and featured in Collective Worship.
- Reports and photos will be put up on the sports notice board/website.
- Individual and team sports achievements will be publicised in the newsletter/website.

Rewards

- House points which will culminate in the presentation of the House Cup following Sports Day.
- Individual certificates for taking part in external sports competitions.

Staffing:

PE Specialist Teacher

Delivers PE curricular lessons, CPD, coordinates PE events and competitions. Also liaises with PE Coordinators within the cluster. The PE Specialist will teach classes, clubs and give support to class teachers. They will also provide details of the inter-schools festivals and competitions and organise selections and practices in conjunction with the Sports Coordinator and Accompanying Teacher. They will have all the resources and kit required to successfully accompany teams to events. Their remit will also include Able, Gifted and Talented (AG&T) or SEND children in sport identification and the signposting of opportunities for those children.

PE Coordinator

The PE Curriculum Coordinator will monitor the delivery of the national curriculum and by development matters. They are to ensure that sports equipment is maintained in good order. They are also to liaise with the swimming pool staff to ensure that lesson content reflects this policy. The coordinator will liaise with the Sports specialist and the class teachers to monitor and moderate assessment.

Class Teachers

Class teachers will deliver the PE curriculum. They will have opportunities to observe the PE Specialist for their CPD. Teachers will be nominated for school competitions. They will support the Sports Specialist and ensure the competition is well publicised both beforehand and afterwards.

Specialist Swimming teachers are employed by the swimming pool to teach all aspects of the swimming lessons including specific requests from the Sports Coordinator.

Sports Leaders

Sports Leaders will be appointed from Key Stage 2. They are responsible for organising and leading Huff and Puff activities.

Cluster Team

To support and liaise with each other and co-ordinate events within the cluster. The Cluster Team, in conjunction with the Head teachers, make the decision as to which competitions and festivals Christ Church Primary school will take part in. The winning team/teams from the cluster competition will go on to compete in the West Wiltshire competitions.

Qualified Coaches for Extra-Curricular PE

To enhance and extend the PE curriculum.

All coaches must be a minimum level two and hold a current DBS.

Equipment and Resources:

- Indoor equipment is stored in the Berryfield hall and the Christ Church hall. Games with balls are to take place in the Christ Church Hall.
- Outdoor equipment is stored in the outdoor PE shed.
- The PE coordinator is responsible for the maintenance of equipment and resources. The tidiness of the cupboard is the responsibility of all staff using the equipment.
- Sports leaders supervised by the MDSAs are responsible encouraging children to use the Huff and Puff equipment at lunch times.

Health and Safety:

- In PE the safety factor is of paramount importance. Please refer to PE risk assessment for extra information. In PE lessons PE kit, in accordance with the school uniform policy, is to be worn.

- **Indoor Gym and Dance:**
- Bare feet, blue or black shorts and a house coloured T-Shirt.
- **Indoor Games:**
- Blue or black shorts and a house coloured T-Shirt.
- **Outdoor Games:**
- Trainers, blue or black shorts or jogging bottoms and a house coloured T-Shirt and/or sweat shirt. Studded boots if appropriate.
- All jewellery and watches must be removed during all activities, Jewellery must not be worn. Earrings that cannot be taken out must be taped up.
- Hair must be tied back. Long hair and fringes are to be tied back and/or pinned securely off the face.
- If children regularly attend PE without their PE kit a record is kept and the class teacher will contact the parents.
- Competition kit will be provided by Christ Church and it must be returned washed and in good order within one week of use.
- One piece swimsuits and trunks are to be used for swimming.
- Upper KS2 children will change in similar sex classrooms. The younger age groups will change in their own classroom.
- In the event of the Fire alarm children will follow the school procedures; this might include the children being outside in bare feet.

Any accidents during PE will follow the school accident procedure. All accidents are recorded in the school office. PE often involves a lone working teacher. If support is needed a red card, carried by the member of staff, will be used by a responsible pupil to alert another member of staff. Also see the First aid and Health & Safety policy.

Child Protection:

- All coaches must hold a DBS certificate.
- All staff need to be aware of Child Protection Procedures within school and aware of the policies listed above.