



Year 1 - Music at Home!



Pick an activity from the menu below – aim to do at least starter, one main, and one dessert task each week! Feel free to repeat any of the short activities that you enjoy. Have fun!

Starters			
Listen to a piece of music you haven't heard before.	Sing our 'Hello' song to someone at home!	Sing in the bath or shower – as loudly as you can! Remember your big singing mouths!	Make up a short pattern of sounds using just body percussion – eg claps, clicks, stamps etc
Mains			
Clap a rhythm to someone – can they clap it back to you? Ask them to clap a rhythm to you and see if you can copy it. Can you write your rhythm down using stick rhythms?  Ta Ti-ti Za	Visit https://www.teachingideas.co.uk/notation/graphic-notation We'd just started to talk about graphic score when school closed. Can you draw some shapes and then make the sounds with your voice?	Tap the beat along to a favourite song, then the rhythm - can you remember the difference? <i>(The beat is like our heartbeat, it always stays the same. It might be fast, it might be slow, but steady is the aim!</i> <i>The rhythm is a pattern of long and short sounds.)</i>	Play on the 'Launchpad' App – click on the boxes to layer different 'loops' and experiment with making your own music! You can do a similar thing using Incredibox online https://www.incredibox.com/ (or the app)
Play on the 'Bebot' app, and experiment with the different sounds you can make!	Read your favourite story with a grownup. Can you use different voices for the different characters? What sound effects can you add using your voice or objects you have in your house? Think about whether the sounds should be long, short, loud, quiet, fast, slow, high or low.	Go to the 'Sing Up at Home' section on the Sing Up! website https://www.singup.org/singupathome Learn one of the free songs, and complete one or more of the activities...	Go to https://www.classicsforkids.com/music/instruments_orchestra.php and explore the instruments of the orchestra
Visit https://www.bbc.co.uk/teach/school-radio/primary-music-ks1--ks2-index/z6762sg and choose any of the KS1 activities to explore!	Visit https://www.yourclassical.org/listen/kids-classical and have a look at today's lesson! Listen to the music and complete the activities.	Make an instrument out of things you have laying around at home. You could make an egg shaker with an egg box and some dried lentils, perhaps!	Listen to some songs by The Beatles – start with 'Yellow Submarine' and 'Octopus' Garden' – we would be learning these together if we were in school! See if you can learn them and sing along!
Desserts			
Listen to a piece of classical music. Draw a picture to show what the music makes you think of.	Dance around to your favourite song!	Lie on the floor with your eyes closed, while you listen to a piece of music. What does the music make you think of? How does it make you feel?	Visit https://www.kaboompercussion.com/videos and watch one of the videos.

