


















WEEK 1 MENU

w/c 31/10, 21/11, 12/12, 02/01, 23/01,
06/03, 27/03







	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY Italian	
MAIN 1	Sausage Pasta Bake	Whole Margarita Pizza  	Roast Chicken & Stuffing	Spaghetti Bolognaise	Oven Baked Fish Fingers
Main 2	Roasted Vegetable & Tomato Pasta 	Vegetarian Sausage Roll 	Turkish Quorn Flatbread 	Halloumi Burger 	Quorn Hot Dog & Fried Onions 
Carbohydrates	Fresh Mashed Potato Or Wholemeal Pasta	Garlic and Rosemary Focaccia or Wholemeal Pasta	Roast Potatoes or Wholemeal Pasta	Egg Noodles or Wholemeal Pasta	Oven Baked Chips
Vegetables	Roasted Sweetcorn 	Roasted Red Onion and Kale  	Carrots and Cabbage 	Roasted Courgette and Pepper 	Baked Beans or Garden Peas 
Desserts	Plum Crumble and Custard Selection of Yoghurts	Baked Rice Pudding with Apple Topping Selection of Yoghurts	Autumn Cake Selection of Yoghurts	Apricot Cake with Apricot Sauce Selection of Yoghurts	Chocolate Custard Mousse
AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)			 Future 50 Contains one or more of the top 50 most sustainable foods in the world!		
			 Vegetarian  Vegan  Organic		
			For allergen content please speak to member of staff who will be happy to assist		

WEEK 2 MENU

w/c 07/11, 28/11, 09/01, 30/01, 20/02, 13/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	
MAIN 1	Butter Chicken Curry	Beef and Roast Veg Lasagne	Roast Pork & Apple sauce	Roasted Pepper Frittata 	Oven Baked Fish Fingers
Main 2	Macaroni Cheese 	Chickpea and Spinach Curry   	Cauliflower Cheese 	Sweetcorn and Pepper Pizza 	Quorn Dippers & Tomato Salsa 
Carbohydrates	Turmeric Braised Rice or Wholemeal Pasta	Garlic and Rosemary Focaccia or Wholemeal Pasta	Roast Potatoes or Wholemeal Pasta	Baked Half Jacket Wholemeal Pasta	Oven Baked Chips
Vegetables	Bombay Cauliflower and Peas 	Roasted Sweetcorn and Green Pepper 	Fresh Broccoli and Carrots 	Cumin Scented Carrots 	Baked Beans Garden Peas 
Desserts	Fruity Yoghurt Fool Selection of Yoghurts	Chocolate Beetroot Cake Selection of Yoghurts	Pear Upside Pudding & Chocolate Custard Selection of Yoghurts	Watermelon and Mint Pots Selection of Yoghurts	Freshly Baked Vanilla Cookie Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!



Vegetarian



Vegan























Organic

For allergen content please speak to member of staff who will be happy to assist

WEEK 3 MENU

w/c 14/11, 05/12, 16/01, 06/02, 27/02,
20/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY	
MAIN 1	Chicken Burger In a Bun	Vegetable Calzone  	Roast Gammon	Sausage & Onion Gravy	Fish Finger and Cheese Bap
Main 2	Cheesey BBQ Bean & Lentil Bake 	Spiced Indian Veggie Wrap  	Roasted Quorn Fillet and Gravy 	Quorn Sausage and Gravy 	Vegetable Pasta Bake 
Carbohydrates	Baked Half Jacket Wholemeal Pasta 	Braised Rice Wholemeal Pasta 	 Roasted Potatoes Wholemeal Pasta 	Fresh Mashed Potato Wholemeal Pasta 	Oven Baked Chips 
Vegetables	Roasted Broccoli with Garlic & Red Pepper 	Stir Fry Vegetables 	Glazed Kale  Carrots 	Ratatouille Sweetcorn 	Baked Beans Garden Peas 
Desserts	Roasted Pineapple Pots Selection of Yoghurts	Lemon Posset & Ginger Biscuit Selection of Yoghurts	Orange and Cinnamon Drizzle Cake Selection of Yoghurts	Apple and Yoghurt Pudding Selection of Yoghurts	Fruit Sorbet Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!



Vegetarian



Vegan



Organic

For allergen content please speak to member of staff who will be happy to assist